

New York Chapter of UPMA Empire State Publication

Volume 2026 / Issue 1

Jan/Feb/March 2026

2026

**What's Happening in UPMA in 2026
Get Involved and Come Grow with US!**



Legislative Summit
Hyatt Regency
Crystal City
Arlington, VA

March 15-17, 2026

\$800. reimbursement



State Convention

Riveredge Resort
Alexandria Bay, NY

June 11-14, 2026

\$300. reimbursement



National Convention
El Conquistador
Resort
Fajardo, Puerto Rico

August 1-7, 2026

\$1000. reimbursement

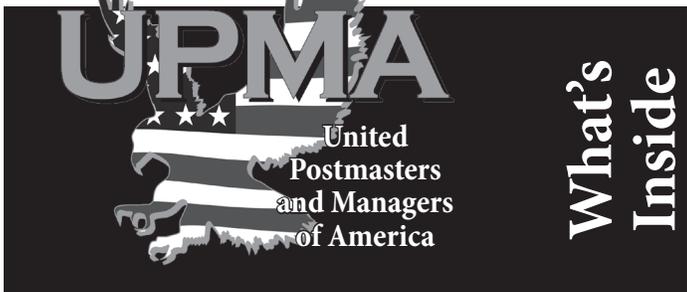


Scholarships

Training

eCareer Assistance

Representation



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NEW YORK CHAPTER

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NEWS

We had a successful year to date exceeding our membership goals. **621** new members as of Nov 19th. We did vote for a bylaw change to help the national office to reduce our portion of member dues by 10%. Was this the right thing to do you ask? We had, as many other states had, a commitment that we would get assistance to meet our goal with membership to offset in the year to come this income loss. That happened on a few occasions with Dominick Spadaro recruiting in and around our state convention while in session, again on Long Island with me and again with James Sayles and myself in Buffalo and Rochester and then the two of them heading to the burrows of NYC. Successful, very successful and I thank them both for helping the NY Chapter grow. We also had a few others step up to help with PM essentials, career conferences, recruitment trips, etc. I thank all of you as the efforts paid off.

Is recruiting all that we should be doing? Absolutely not. I challenge each of you to help in your areas or expertise. All of us must assist, train, mentor and volunteer to keep the knowledge strong in our everyday challenging careers. Do you have somewhere besides a Post Office that you could suggest to our District Coordinators in your area that is listed inside the front cover to set up a meeting in advance where training and networking can be offered? Are you a SME (subject matter expert) on anything that will help others out that you would be willing to share? If so, contact me and we will work out some details on where and when to share your

knowledge.

I've seen lately some basic duties of our jobs get lax and these individuals need representation. Remember the training that we must take each year is to rejuvenate that knowledge, not to just get it done so you are off a list. Take notes, snip screen shots and file in a folder to refresh if needed.

Chapter Member Representatives (CMR) are in need everywhere. I have a couple volunteers that I will be talking with to assist in that goal. CMR's do not need to be experts to start with. They only need to be in that person's corner, taking notes, advising them how to conduct themselves during an Investigative Interview. These can be done by zoom or telecom. Usually, I'll ask for the questions to be given to me 5 minutes prior to the meeting. Afterwards they would share this information with an experienced CMR to determine the next steps to take. Normally there is nothing else to do until some type of discipline is issued. If you know ahead of time that the Investigative Interview is of serious nature possibly leading to admin leave, a downgrade or removal you need to be present in the room during the questioning. You may and should call a more experienced CMR, myself or Cathy Winnie to advise or take over.

We have the Membership kickoff coming up in January on the holiday weekend of MLK that those members that were instrumental in recruiting were invited to go.

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We have the **Legislative Summit** coming up on March 15 – 17, 2026 Hyatt Regency Crystal City Crystal City, VA. See the website **unitedpma.org** for more information. The reimbursement incentive will be \$800 providing you stay the whole time and attend the sessions and Hill visits.

The State Convention this year is Alexandria Bay June 11th Thursday – Sunday the 14th at the Riveredge Resort. The reimbursement incentive will be \$300 if you stay at the Riveredge Hotel and attend the sessions. **Register and book early.**

The National Convention will be held Aug 1st – 7th in Puerto Rico at the EL Conquistador resort. See the website **unitedpma.org** for more information. **Register and book early.**

The Atlantic Conference will be held in Philadelphia PA in September with dates forthcoming and the reimbursement incentive will be \$300 when attending all sessions.

There is training at all events.

If you find that you are not receiving emails from myself or the national office, you either have no email listed or it is wrong, or we documented it wrong. Please send James Mosher an email to get corrected at jmosherupma@yahoo.com.

Dan Leonard
President, NY UPMA



Incentives

Legislative Summit - \$800. reimbursement

State Convention - \$300. reimbursement

National Convention - \$1000. reimbursement

A tidbit for those in retirement or those getting ready to retire.

Request to Withhold Taxes

Submit a request to pay taxes on your Social Security benefit throughout the year instead of paying a large bill at tax time.

You will pay federal income taxes on your benefits if your combined income (50% of your benefit amount plus any other earned income) exceeds \$25,000./ year filing individually or \$32,000./year filing jointly.

You can pay the IRS directly or withhold taxes from your benefit. You may choose to withhold 7%, 10%, 12%, or 22% of your monthly benefit.



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The Power of Showing Up: Why the UPMA Legislative Summit in March Matters

Every year, the UPMA Legislative Summit stands as one of the most important opportunities for postal leaders to directly influence the future of our profession. At a time when policies, budgets, and operational decisions continue to shape the work we do every day, being present in March isn't just important—it's essential.

Your Voice Matters More Than Ever

The decisions made on Capitol Hill impact everything from workplace conditions to long-term job stability. When we show up in person, we demonstrate to lawmakers that postal issues matter and that they affect real people, real families, and real communities.

This is our chance to share our experiences, offer solutions, and ensure that changes within the Postal Service reflect the needs of those who keep it running. Your voice can help protect and strengthen the future of our organization.

An \$800 Reimbursement to Support Your Participation

To make attendance more accessible, there is an \$800 reimbursement available for those who take part in the Summit. This support helps offset travel and lodging expenses, making it easier than ever to be involved.

This isn't just an investment in your trip—it's an investment in your leadership, your career, and the future of the postal service.

Bring a Friend—Share a Room—Make an Impact

If you know another member or colleague who would benefit from attending, bring a friend and room together. Not only can this further reduce

costs, but it's also a great way to strengthen relationships and share the experience with someone who understands the value of the work we do.

Together, you'll learn, grow, and advocate side by side.

Strength in Numbers

The more members we have standing together in Washington, the louder and more powerful our message becomes. Legislators take notice when we arrive in large numbers—because numbers show commitment, passion, and unity.

Every additional attendee increases our collective influence.

Every conversation strengthens our position.

Every presence adds weight to our mission.

Be There. Be Heard. Be Part of Something Bigger.

The UPMA Legislative Summit is more than an event—it's our opportunity to shape the direction of the postal service and to demonstrate the unity and strength of our organization.

Join us March 15-17th

Use the incentive,

bring a friend, and

add your voice

to the movement.

Together, we can

make a difference.





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Bargaining Hours & Web 1260: A Level 18 Postmaster’s Coffee-Break Survival Guide

If you’re reading this, you’re officially stepping into the world of **Level 18 Postmaster life** — the place where leadership meets logistics, where caffeine meets chaos, and where you suddenly become the most popular person in the building... especially when someone needs leave approved.

Pull up a chair, pour yourself a warm cup of coffee (or whatever keeps you functional these days), and let’s talk about something every Level 18 Postmaster knows way too well:

Bargaining Unit Hours.

Yes. *Those* hours.

The ones that follow you around like a shadow. The ones you do in real life and then again in Web 1260.

The ones that—if you go even one minute over—feel like they summon the grievance fairies from the forest.

So, let’s break this down in a way that doesn’t make your blood pressure spike.

What Are Bargaining Hours, Anyway?

Think of Bargaining Hours as the **time you spend doing work that really belongs to the clerk craft.**

In other words:

If you’re a Postmaster or Supervisor in a Level 18 office, and you find yourself at the window, sorting parcels, or elbow-deep in a tray of DPS... congratulations. You’re now doing bargaining unit work.

And guess what?

You only get **15 hours per week** to do it.

Fifteen. One-five.

Just enough time to either save the day... or get yourself in trouble.

These hours must be logged in **Web 1260**, lovingly known as PS Form 1260’s digital, slightly less painful cousin.

How to Record Bargaining Hours in Web 1260 (Without Losing Your Mind)

Here’s your step-by-step guide, written as if we’re both on our second cup and trying not to let the steam fog up our reading glasses.

1. Log into Web 1260

- Hop onto USPS Blue.
- Search for **Web 1260** or **e1260**.
- Try not to get distracted by the 14 other applications you *also* have to check.

2. Pick the Right Week

Choose the service week you’re reporting for. (If you accidentally choose the wrong week, don’t worry—we’ve all done it. Once. Maybe twice.)

3. Select the Correct Person

This is usually *you*, but if a supervisor also did clerk work, you’ll log hours for them too.

4. Enter Your Hours, Day by Day

For each day:

- Type in how many hours of clerk work you performed.
- Use decimals (0.50 for half an hour).
- If you did **zero**, enter **zero**. This shows your data is *complete*, not “oops, I forgot to do it.”

(Continued on next page)

5. Watch the Weekly Total Like a Hawk

As your hours add up, remember:

Once you hit 15 hours... you stop. You're done. Tag in a clerk, PTF, RCA, Winged Pegasus, anyone.

Crossing the 15-hour line can trigger grievances, remedies, and that sinking feeling in your soul you get when you realize you've complicated your own life unnecessarily.

6. Print and File the Weekly Summary

At the end of the week:

- Print the Web 1260 summary
- Staple your district's tracking sheet if required
- File it away like the responsible professional you are

(Bonus points if your filing system is organized. Extra bonus points if you can still find it six months from now.)

What Counts as Bargaining Unit Work?

Here's the fun part. If you've ever wondered, "*Does THIS count as clerk work?*" this list is for you.

Window / Retail Work

If you're at a POS or RSS terminal helping customers, let's be honest, we find ourselves helping more than we may realize—**it counts**.

Examples:

- Selling stamps
- Scanning packages
- Helping customers box up Aunt Marge's questionable cookies
- Doing your own end-of-day as the window clerk

If you're *logged in* as the clerk? **Count it.**

Distribution / Backroom Clerk Tasks

Anything involving sorting, organizing, or moving the mail that a clerk would normally do.

Yes- It counts:

- Box-up
- Sorting letters, flats, parcels

- Filling PO boxes
- Working the parcel rack
- Placing outgoing mail in the correct dispatch

No- It doesn't count:

- Supervising someone else doing it
- Standing nearby with coffee in hand "observing operations"

Other Tasks That Often Count

- Running BRM/Postage Due
- Completing tasks typically assigned to clerks
- Handling clerk stamp stock orders
- Lobby assistance when you're actually helping customers, not supervising traffic flow

Basically:

If the clerk normally, does it in your office, and YOU are doing it today? **Bargaining hours.**

What Doesn't Count?

Because you deserve a break somewhere in this madness:

- Stand-up talks
- Walking the floor
- Checking scanners or performing supervisory oversight
- Management/admin tasks
- Emails, scheduling, staffing, TACS, ERMS
- Drinking coffee while *thinking* about doing clerk work

Final Sip

Being a Level 18 Postmaster means juggling customer service, operations, staffing, and leadership—while carefully managing **15 tiny hours** of craft work a week

Mastering Web 1260 and understanding what counts as bargaining hours protects:

- You
- Your clerks
- Your office
- And your sanity

So, here's to you—doing it all, tracking it all, and still finding a moment for a warm cup of coffee.



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Mid-Winter / Fall Meeting Minutes 10/18/2025

Meeting come to order: 8:25

Prayer: Heidi

Pledge: Keith

Voting members present: Pres: Dan L, Sec-Tre: Dan O, Retire Pres: Keith M, No past president, Ex VP: James M, CMR: Kristine L, Education: Lea B, Legislative: Rachel B-F, PAC: Jennifer Hayes (8 votes)

Officer's reports:

1st: None

2nd: Rachel Barber Forrest: no fall meeting planned, Dan will help set up one

3RD: Matthew Tracy: Would like to do away with District Coordinator position

I would like to use money differently, push towards more training,

You should look at letters to get people to come, look at revamping position. Need to pull in more people from near border, recruiting is huge

4th: Jamie Uhlinger: Past meeting went well and well attended, setting up fall meeting

5th: Jennifer Hayes: Meeting set up for 10/30, POOM Joe James to attend, Cathy Winie will speak to KSA program

Cathy Winnie spoke about national KSA program, which has helped around 700 so far, there are now some growing pains with not as many people to help. National is moving towards mentoring and interview techniques, let's make sure our website is up to date, also make sure our Facebook page stays updated.

Editor: Heidi, look at reducing printing, less pages, using a QR code, averaging around 17 to 20 thousand a year to maintain. Some suggestions is to reduce # of issues per year, talked about exactly what needs to be published.

Brenda talked about decorations for state convention, and will try to do PR themes, stay within budget

Donna spoke as convention chair, co-chair Cathy Winnie. State convention is at Riveredge, May 11 is cut off day for room prices, room is 134.00 per night, Hotel will honor one day before and 1 day after. Will take a tour of hotel later today, will have hospitality room, board meeting will be at 5pm on Thursday, no advanced deposi

Dan Leonard: President said that district manager will not approve a training day during state convention, asked to move reading of by-laws and articles of incorporation to afternoon session.

Carol spoke about scholarship: Jennison Checking: 1525.16, Savings: 1933.16. Burger checking: 831.35, Savings: 1712.27, Barringer

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Mid-Winter/Fall Meeting Minutes

(Continued from previous page)

account: 75,123.75. Alice Phelps start-up money is 202,000.00. Dan put into a CD and total is up to 205,850.11. All checks from past winners have been cashed, we received 3 thank you notes. Will rewrite applications so they are constant, also will work on paper application for Phelps's scholarship with Dan O and James M. Move application date to April 10, this allows more acceptance letters to be added to applications.

Kristine Lion: CMR, scanning is the huge issue right now, this is hot issue, PM wants to fire supervisors over this. Scanning integrity must be scanned correctly, Removals are happening around county, but NY is fairly quiet.

Rachel Barber Forrest: Legislative chair, looking to get more people to go to Washington, she is new to position and still learning,

Lea Becker: Education, she will be writing articles to keep membership up to date on education. Will to a TACS article as to who can do TACS with new rules. New to position and will take suggestions and help.

Keith Miner: Retiree President, spoke about scams, emails and texts stating they are us, make the call to person if something seems wrong. Looking at retiree outing during state convention, suggested looking at a stipend for convention instead of rooms per night.

James Mosher: Ex VP, will stay up to date with sending out portfolios until Jan 1. Members as of 10/16/25: Breakdown: PM: 570, Supervisors: 333, Associates: 187, Retired: 454, Comped retired Members: 30, PMR: 1: Total Members: 1574

People signed up since Jan 1 2025:

Dan L: 96	Dominic S: 56	James M: 25
Rachel B_F: 15	Jeff J: (National) 15	
Dan O: 12	Kristine L: 11	Cathy W: 9

Jennifer Hayes: PAC, doing well, will pass out envelopes today

Dan O'Neil: Sec/Treas, reading of minutes from State convention, Motion made to forgo reading of minutes by Kristine, 2nd by Jamie

Dan L: Fiscal policy, Strike out #8 section 1. Add retiree President to Section 3, all expenses to district meetings when invited by president, postage supplies, travel if necessary for specific events, (passed 7 to 1 vote)

Add to incoming board conference, Passed 8 to 0 vote

Legislative conference, all expenses, Passed 7 to 1 vote

State convention, all expenses, passed 8 to 0 vote

National, all expenses when invited by president, passed 8 to 0 vote

Discussion about Membership kick-off, will stay the same if invited by president, must be involved in membership

Discussion on CMR academy, might change to state run training but no change

2 motions went to floor about Phelps scholarship both withdrawn after discussion

Motion by Keith M to withdraw 4000.00 from interest of Phelps fund to put into Jennison fund. 2nd by Kristine L: Approved

Committee to discuss Phelps scholarship fund recommendations by Dec 1

Articles for ESP by Dec 6

Dan L to write thank you to attorney to thank family of Alice Phelps for scholarship.

(Continued on next page)

Winter/Fall Meeting Minutes

(Continued from previous page)

Burger: 3-1000.00 scholarships: Motion: Keith m, 2nd Kristine: Approved

Jennison: 3-500.00 scholarships: Motion: Dan O, 2nd Keith: Approved

Phelps: 4-2500.00 scholarships: Motion: Jamie M, 2nd Keith: Approved

Legislative: 800.00 attending entire summit, including hill visits: Motion: Keith, 2nd: Rachel: Approved

State Vendor Fee: 100.00 registration plus 150.00 per table: Motion: Jamie, 2nd Keith: Approved

State member registration: 100 active, 75.00 retiree: Motion: Rachel, 2nd Jamie: Approved

State member reimbursement of 300.00 if person stays at Riveredge and attend session: Motion: Keith, 2nd Kristine: Approved

National Convention: 1000.00 both active and retired: Motion: Kristine, 2nd Jennifer: Approved

1st timer full reimbursement of registration fee to state convention: Motion: Dan O, 2nd Kristine: Approved

Atlantic Conference: 300.00, must attend general session: Motion: Kristine, 2nd Jamie: Approved

Starting Jan 1 if new members request Portfolio, we will send one but will not just send to new members. Save money incentive

Treasurer Report: as of 10/13/25: Savings: 41,127.59 Legislative Savings: 96.63 Checking 19,918.74 Legislative checking: 428.24
CC: 398.65 CD: 119,503.31

Phelps CD: 205,850.11

Proposed 2026 Budget: 169,700.00 Motion: Keith M: 2nd: Kristine L, Approved

Motion to adjourn: Keith M 2nd: Jamie M

Meeting ended at 4.15

Submitted by Dan O'Neil, Secretary Treasurer



If you missed episode 2 of UPMA LEADership Development Call, don't worry, it was recorded and is now available for you to watch at your convenience! The call was truly awesome, featuring leaders of an innovative Supervisor Training Academy created by Illinois 1 District MPOO Greg Harris who is also a proud UPMA member. The moto of the academy is "Become the Leader that You Want to Follow" and last night's call offered valuable insights and practical strategies that you won't want to miss. You can view the recording by clicking the link below:

[Episode 2 of UPMA LEADership Development Program](https://www.youtube.com/watch?v=wdNbqMN4p1I) <https://www.youtube.com/watch?v=wdNbqMN4p1I>

We encourage you to catch up and continue building your leadership skills and feel free to reach out if you have any questions. Thank you for your dedication to growth and leadership development within UPMA!

Earl Husbands, UPMA National Membership Director



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Fall has arrived and winter is upon us. As I am writing this article we are preparing for our peak season. Entering into a time to be thankful for what we have and to spend some moments with our families. This is also a time of long hours, stress, weather issues, no days off, demands, and unrealistic expectations for some. Whatever this season brings for you bask in the good moments, award the victories, and forget about the days that just didn't go well.

It is also time to start preparing for the Legislative Summit scheduled for March 15-18, 2026. This will be held at the Hyatt Regency Crystal City @ Raegan National Airport Arlington VA. The incentive to attend this year is 800.00. Yes, we will reimburse you should you attend and provide us with receipts. Look for a neighboring PM or EAS to attend with and room together to share on cost.

We need to begin to start contacting our Congress and State Representatives in hopes that we will be able to schedule a meeting with them while we are on the hill. Although you may not meet with the actual representative an aid will be present who handles our specific issues. If you need assistance in contacting your Senator or representative please reach out to me and I can be of assistance.

At the Legislative Summit, a packet is prepared with all our vital issues that need to be discussed and then handed over to each representative at the end of the meeting. We usually go in groups so you would never be alone in a meeting and have one spokesperson in that meeting. We need you to help, as we are stronger together. For those few that we cannot get a meeting with we will drop off the information packets at their offices.

We will also most likely hear from the new PMG and other selected Chief Officers. We will have a day of training provided regarding our meetings on the Hill.

Lunch is provided for both days. Please consider coming and getting involved if not anything else but for the future of the Post Office. We should do all we

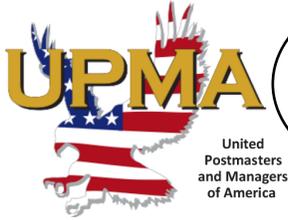
can to keep or organization going and providing service to generations to come.

Maybe a meeting in Washington is out of reach for you at this time. Well how about starting local then.

We try and hold district meetings at least 4 times a year. Our last meeting in district 2 was held with district 3 in Cortland. We do these for you our members to give training and discuss issues that need to be addressed. Consider coming to the next one to be held in spring. If you would like us to hold a meeting in your area please reach out to me at RBFUPMA@gmail.com so I can set one up. If there is specific training you feel may benefit your area please let me know that as well.

Legislators by District

- | District Name, | Party, | Office Room, | Phone |
|---------------------|--------------|--------------|----------------|
| 1st LaLota, | Nick R | 122 CHOB | (202) 225-3826 |
| 2nd Garbarino, | Andrew R | 2344 RHOB | (202) 225-7896 |
| 3rd Suozzi, | Thomas R. D | 203 CHOB | (202) 225-3335 |
| 4th Gillen, | Laura D | 428 CHOB | (202) 225-5516 |
| 5th Meeks, | Gregory D | 2310 RHOB | (202) 225-3461 |
| 6th Meng, | Grace D | 2468 RHOB | (202) 225-2601 |
| 7th Velazquez, | Nydia D | 2302 RHOB | (202) 225-2361 |
| 8th Jeffries, | Hakeem D | 2267 RHOB | (202) 225-5936 |
| 9th Clarke, | Yvette D | 2058 RHOB | (202) 225-6231 |
| 10th Goldman, | Daniel D | 245 CHOB | (202) 225-7944 |
| 11th Malliotakis, | Nicole R | 1124 LHOB | (202) 225-3371 |
| 12th Nadler, | Jerrold D | 2132 RHOB | (202) 225-5635 |
| 13th Espaillat, | Adriano D | 2332 RHOB | (202) 225-4365 |
| 14th Ocasio-Cortez, | Alexandria D | 250 CHOB | (202) 225-3965 |
| 15th Torres, | Ritchie D | 1414 LHOB | (202) 225-4361 |
| 16th Latimer, | George D | 1507 LHOB | (202) 225-2464 |
| 17th Lawler, | Michael R | 324 CHOB | (202) 225-6506 |
| 18th Ryan, | Patrick D | 1708 LHOB | (202) 225-5614 |
| 19th Riley, | Josh D | 128 CHOB | (202) 225-5441 |
| 20th Tonko, | Paul D | 2269 RHOB | (202) 225-5076 |
| 21st Stefanik, | Elise R | 2211 RHOB | (202) 225-4611 |
| 22nd Mannion, | John D | 1516 LHOB | (202) 225-3701 |
| 23rd Langworthy, | Nicholas R | 422 CHOB | (202) 225-3161 |
| 24th Tenney, | Claudia R | 2230 RHOB | (202) 225-3665 |
| 25th Morelle, | Joseph D | 570 CHOB | (202) 225-3615 |
| 26th Kennedy, | Timothy D | 423 CHOB | (202) 225-330 |



JOIN TODAY
EAS GET ONE YEAR
FREE

Form 1187

Request and Authorization for Voluntary Allotment of
Compensation for Payment of Employee Organization Dues
*Fill Out Form and Send to UPMA National Office at the
Address Below for Processing*

Section A: New Members Complete All Applicable Sections

USPS EIN (8 digits)	<input type="text"/>	Date of Birth	<input type="text"/>
Personal Cell Phone #	<input type="text"/>	Gender (Check One)	Male <input type="checkbox"/> Female <input type="checkbox"/> Other <input type="checkbox"/>
First Name (Form 50)	<input type="text"/>		
Last Name (Form 50)	<input type="text"/>	Suffix (If applicable check one)	Jr. <input type="checkbox"/> Sr. <input type="checkbox"/> II <input type="checkbox"/> III <input type="checkbox"/>
Other Preferred Name (If applicable)	<input type="text"/>		
Home Street Address	<input type="text"/>		
	<input type="text"/>		
City	<input type="text"/>	State	<input type="text"/>
		ZIP Code	<input type="text"/>
Personal E-Mail Address (not @usps.gov)	<input type="text"/>		
Form 50 Pay Level	<input type="text"/>	Form 50 Finance Number	<input type="text"/> - <input type="text"/>

Section B: From your current PS Form 50 (Check One):

- Postmaster**
 Manager
 Supervisor
 Other EAS
 PCES
 204B
 Associate (Craft)
 PMR

Mail completed form to: **United Postmasters and Managers of America (UPMA)**
8 Herbert Street
Alexandria, Virginia 22305-2600

Visit the UPMA website unitedpma.org for membership benefit information.

Section C: Authorization by Employee

I hereby authorize the above-named agency to deduct from my pay each pay period the amount certified above as the regular dues the (UN-P) United Postmasters and Managers of America (UPMA) and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted that is certified by the above-named employee organization as a uniform change in its dues structure. I understand that this authorization is a pay periods deduction. It will become effective the first pay period, following its receipt in the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305-2600. I further understand that revocation forms Standard Form No. 1188, "Revocation of Voluntary Authorization for Allotment of Compensation for Payment of Employee Organization Dues" are available from my employing agency and that I may revoke this authorization at any time by filling such a revocation form or other written revocation request by "Certified Mail" directly to the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305- 2600. Such revocation will not be effective, however, until the first full pay period following March 1 or Sept. 1 of any calendar year, whichever date first occurs after the revocation is received in the employee organization's headquarters office.

Check this box to signify you've read and understood the terms in Section C of this form

New Member's Signature: _____

Date:

Who most influenced your decision to join UPMA?

Person's Name:

Revised 6/18/25 EAH





Kristine Lion
 PM Suffern 10901
 301 Sierra Vista Lane
 Valley Cottage, NY 10989



VP / Chapter Member Rep.

C: 914-572-2774

kristinelion@aim.com

When was the last time you looked at your eCareer Profile?

If your dream job suddenly became available; first would you know about it, second would you be ready to apply for it in eCareer. Have you read your complete profile but most importantly your KSA's this year? Having your eCareer profile current and accurate is the best thing that you can do to help yourself move up or into a different job.

Maintaining a good profile only takes a few minutes if you check it on a regular basis. Did you change jobs, take a detail, work on a committee? These are things that should be kept current when applying for a posting.

What about your KSA's are they about you in the present and do they pertain to the job that you are looking for. As a Committee Chair for my POOM group, I read so many job applications. With the switch to the non-interview format for Round 1 selections, your application is all we can use to determine the "Top 3" to move on to the selecting official. If you submit the KSA's required for a SCS/SDO for a Postmaster Position, most likely you would be disqualified. This is for several reasons, 1) there are different qualifications for each job category, and they don't match up, 2) it demonstrates a failure to follow simple written instructions. This is not what we are looking for when promoting a manager.

The next step is to make sure that your experiences are as USPS centric as possible as you advance. The KSA's that got you your first

EAS position, may not be "good enough" to get you promoted again. When applying for a job from the craft, your experiences are expected to be from wherever you can pull your knowledge, this can be inside or outside of the USPS. As you advance through the ranks you are expected to draw from that new job and those experiences that make you a great manager and qualified to move up.

The next important section is your career listing. This is where you list the positions that you have held in the Postal Service. These are listed in reverse order starting with your Form 50 jobs, followed by any details that you were on. You have no idea how many people do not fix this, and the committee is not given an accurate picture of your qualifications.

Attached is an Instruction guide that is available on the eCareer site. It contains good examples of how you should approach completing your Profile and applying for a job on the site. New jobs are posted there every Tuesday. You can customize your searches to filter for just the jobs you are looking for and in what part of the country by state. Once that is set up, looking for just the jobs that interest you is a breeze. So, whether you are looking to move up, change departments, or move closer to home, the application process will be that much easier if you are prepared in advance.

Good luck on your new adventures.



Plan Now!

2026 NY UPMA State Convention



**When ?
June 11 - June 14**

**Where ?
Riveredge Resort
14 Holland St
Alexandria Bay, NY 13607**

**Why ?
You've been wanting to network with peers
that understand your work life, and learn new
resources
to help you succeed in your career!**



*Plan On Learning,
Networking,
Fun,
Meeting New Friends,
Relaxing, Exploring
New Career Options, etc*



**Don't wait!
Lock in your coverage and plan to attend
YOUR STATE CONVENTION
Call 315-482-9917
Mention you are with the NY UPMA
State Convention to get the correct room rate**



**Want to jump right in and help out?
Contact Donna Jenness or Cathy Winnie
For any questions!**

**315-408-5165
845-742-7774**



The 10th Annual NY Chapter of United Postmasters & Managers of America



Convention June 11th-14th, 2026
 Alexandria Bay, NY 13607
Official Registration Form
 Please complete one application per registrant



**Additional Information about the convention and the registration form will be posted on
 NEW YORK STATE UPMA FACEBOOK PAGE AND AT NYUNITEDPMA.ORG**

First Name: _____ Last Name: _____

Title:
 Postmaster
 Supervisor
 Manager
 OIC
 Associate (Craft)
 Postmaster Retired
 Supervisor Retired
 Manager Retired
 Guest
 Auxiliary
 Veteran
 Branch: _____

First name (nickname for your badge): _____

Post Office You Represent/ed: City: _____ Zip: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone/s: _____

E-mail: _____

First Timer/Retired First Timer: Yes No

Are You Attending?
 Saturday Banquet Yes No

Registration Fees:

One day registration Retiree's \$37.50
 One day registration All others \$50.00
 Full registration \$75.00 Actives & Guests, Retiree's \$56.25 & Guests

Registration includes :

Thursday Welcome with cash bar and hors d'oeuvres 5:30-7:00
 Includes: 2 Breakfasts and 2 Lunches
 Saturday Night Banquet
 "Please check box to verify Attendance to Saturday Nights Banquet".

Convention Meeting June 12th & 13th 8am – 5pm

Payment information: Convention fee: \$ _____

Hotel Website
<https://riveredge.com/>

Registrations postmarked after 5-12-26 will be an additional \$25.00 Late Fee
 Send check or money order payable to **NY UPMA**
 Mail to **by May 24, 2026**
 Maureen Wratten,
 1108 Mason Rd., Waterville, NY 13480.
 Questions: Call 315-525-2822 or email jmwratten@yahoo.com

Riveredge Resort

17 Holland St,
 Alexandria Bay, NY 13607
 (315) 482-9917
 Contact hotel directly
 for reservations.

Room rates each night:

Standard King Bed - **\$134.00**

Standard Double, Double Bed- **\$134.00**

Group code for reservation is:
NY UPMA STATE CONVENTION

Reservation deadline:
 May 11, 2026

INCENTIVES

\$300.00 per person if they stay at the Riveredge and attend the sessions.

 First Timers will have their Registration refunded after attending the convention.



Cathy Winnie
 PM Retired Accord 12404
 33 Cat Trail
 Williamstown, NY 13494



National Chapter
 Member Representative
 C: 845-742-7774
 cathywinnie@yahoo.com

UPMA
CAREER DEVELOPMENT
KSA ASSISTANCE

Achieve your goals

Make your STARS shine!

STAR
Situation Task Action Result

Perfect your eCareer Application

Develop your KSAs

Scan the barcode for
 UPMA personal
 KSA Assistance

unitedpma.org





Carol Commisso
 Retired PM Fishers
 11 Ambassador Dr.
 Victor, NY 14565



Scholarship Chair
 585-905-5164
 ccommisso12@gmail.com

NYS UPMA SCHOLARSHIPS

The state is fortunate to be able to offer scholarships from three different funds, and will be awarding a total of ten scholarships this year! **Each scholarship has slightly different eligibility criteria so read each application carefully before applying.** These awards are wonderful opportunities at a time when costs for everything continue to rise, and a great benefit for our members' families, so please share this information with anyone you may know who has a child or grandchild who could take advantage.

Here is a brief recap on our three scholarships:

The Edwin D. Jennison Sr. Memorial Scholarship is established in memory of Ed Jennison Sr., longtime Postmaster of Milton NY. Ed served as President of the NYS Chapter of the League of Postmasters, and after retirement became President of the NYS Retiree Chapter. Ed was involved with the Boy Scouts, Viebey Sutton Post #124, the Knights of Columbus and the St. James Church in Milton. Funds for the scholarship were built through donations and raffles, and a base of \$4,000 must be maintained. This scholarship is available to the children or grandchildren of active and retired Postmasters, Managers, EAS and Associate members of UPMA who are high school seniors graduating in December 2025 or June 2026.

The Frank and Helen Burger Scholarship was established through a donation by Helen Burger to honor her late husband Frank, who was a

Postmaster and NAPUS member. When Helen passed away the award was renamed to honor her as well. Funds were built by a \$35,000 donation from Helen Burger, raffles and donations by members. This fund must maintain a base of \$45,000. This scholarship is available only to the children or grandchildren of active or retired Postmaster members of UPMA who will graduate in December 2025 or June 2026.

The NY UPMA Alice Phelps Scholarship is the newest addition to our scholarships and was established by a donation from Alice Phelps, Retired Postmaster of Billings NY. Alice left a bequest of \$202,000 to NY UPMA with no stipulations. The NY Executive Board voted to establish two scholarships in her name – one for graduating high school seniors, and one for undergraduate students currently enrolled in a college or trade school. The fund base must be maintained at \$100,000, and no more than 10% of the funds not in the base may be used for scholarships in a given year. These scholarships are available to the children or grandchildren of active or retired NY UPMA members who are either graduating from high school in December 2025, or June 2026, OR undergraduate students currently enrolled in a college or trade school.

This scholarship is not available for Associate or retired Associate members.

Applications can be found here or on our website, and must be postmarked or received online by April 10, 2026.



Frank & Helen Burger Scholarship SCHOLARSHIP APPLICATION NEW YORK CHAPTER UPMA 2026

Student's Full Name: _____

Address: _____

City: _____ State: _____ Zip _____ Date of Birth: _____

Phone Number: _____

Email Address: _____

College or Trade School You Plan to Attend: _____

Have you been accepted? _____ Attach copy of acceptance letter

Mother's Name: _____ Father's Name: _____

Name of Member Parent or Grandparent : _____

Address: _____ Phone: _____

NYS UPMA Member is:

Postmaster: _____ Office: _____ Zip: _____

Postmaster Retired: _____ Office: _____ Zip: _____

This scholarship is only available for the child or grandchild of a Postmaster, or Retired Postmaster.

THIS APPLICATION FORM MUST BE ACCOMPANIED BY:

- 1- College or Trade School acceptance letter
- 2- High School Transcript
- 3- Personal resume of scholastic activities, extracurricular activities, sports, employment history, community service, clubs, positions held, and awards or honors received.
- 4- Applicant's personal statement. Please write a statement in which you discuss a personal experience or achievement in your life. Describe how it relates to your aspirations for the future.
- 5- Two Letters of recommendation.
- 6- A picture of the applicant. Will be published in the Empire State UPMA magazine.

Eligible student applicant must be a high school senior who will graduate in December 2025 or a high school senior who will graduate in May/June 2026.

APPLICATION DEADLINE: Must be postmarked by April 10, 2026.

Send completed application to: Carol Commisso, 11 Ambassador Dr., Victor NY 14564

Email any questions to: ccommisso12@gmail.com

**EDWIN D. JENNISON Sr
MEMORIAL SCHOLARSHIP**



This scholarship is available to the child or grandchild of a Postmaster, Postmaster Retired, EAS or Associate Member of UPMA.

STUDENT INFORMATION: PLEASE PRINT CLEARLY

1. Student full name _____

Address: _____

_____ Date of Birth: _____ Phone _____

Email address: _____

3. Father's Name: _____ Mother's Name: _____

4. NAME & OFFICE OF MEMBER PARENT OR GRANDPARENT (circle one)

ADDRESS _____

5. College or Trade School you plan to attend: _____

6. Have you been accepted? _____ (Be sure to include copy of acceptance letter)

Application form to be accompanied by the following:

1. College or Trade School acceptance letter
2. High School Transcript
3. Resume of scholastic activities, extra curricular activities, sports, employment history, community service, clubs, leadership positions held, and awards or honors received.
4. Two letters of recommendation
5. A biographical letter (no more than 400 words) discussing your plans for college and your life goals.
6. A picture of the applicant (to be published in the ESP if scholarship is awarded)

Signature & Date of Application

APPLICATION DEADLINE: Must be postmarked by April 10, 2026

Send completed application to: Carol Commisso, 11 Ambassador Dr., Victor, NY 14564

Email any questions to: cocommiss012@gmail.com

**NY UPMA ALICE PHELPS SCHOLARSHIP
For Graduating High School Students**



This scholarship is available to the child or grandchild of a Postmaster, Postmaster Retired, or EAS Member of UPMA.

STUDENT INFORMATION: PLEASE PRINT CLEARLY

1. Student's full name: _____

Address: _____

Date of Birth: _____ Phone _____

Email address: _____

3. Father's Name: _____ Mother's Name: _____

4. NAME & OFFICE OF MEMBER PARENT OR GRANDPARENT (circle one)

Name _____

Office _____

5. College or Trade School you plan to attend: _____

6. Have you been accepted? _____ (Be sure to include copy of acceptance letter)

Application form to be accompanied by the following:

1. College or Trade School acceptance letter
2. High School Transcript
3. Resume of scholastic activities, extra-curricular activities, sports, employment history, community service, clubs, leadership positions held, and awards or honors received.
4. Two letters of recommendation
5. A biographical letter (no more than 400 words) discussing your plans for college and your life goals.
6. A picture of the applicant (to be published in the ESP if scholarship is awarded)

Signature & Date of Application

APPLICATION DEADLINE: Must be postmarked by April 10, 2026

Send completed application to: Carol Commisso, 11 Ambassador Dr., Victor, NY 14564

Email any questions to ccommisso12@gmail.com

**NY UPMA ALICE PHELPS SCHOLARSHIP
For Undergrad Students**



This scholarship is available to the child or grandchild of a Postmaster, Postmaster Retired, or EAS Member of UPMA currently enrolled in a college or trade school

STUDENT INFORMATION: PLEASE PRINT CLEARLY

1. Student full name: _____

Address: _____

Date of Birth: _____ **Phone** _____

Email address: _____

3. Father's Name: _____ **Mother's Name:** _____

4. NAME & OFFICE OF MEMBER PARENT OR GRANDPARENT (circle one)

ADDRESS _____

5. College or Trade School you are enrolled in: _____

6. Course of study you are pursuing: _____

Application form to be accompanied by the following:

- 1. Proof of enrollment provided by the school on their letterhead**
- 2. Resume of scholastic and extra curricular activities, employment history, community service, leadership positions held, and awards or honors received.**
- 3. Two letters of recommendation**
- 4. A biographical letter (no more than 400 words) discussing your career goals, and a challenge you've faced at school, and how you handled it.**
- 5. A picture of the applicant (to be published in the ESP if scholarship is awarded)**

Signature & Date of Application

APPLICATION DEADLINE: Must be postmarked by April 10, 2026

Send completed application to: Carol Commisso, 11 Ambassador Dr., Victor, NY 14564

Email any questions to ccommisso12@gmail.com

UPMA LIFETIME ACHIEVEMENT AWARD NOMINATION

NEW YORK UPMA 2024

The Lifetime Achievement Award is awarded to recognize UPMA Retired Members for distinguished service to management organizations. The selection of the awardee is completed when the past winners review all nominees submitted for consideration.

Nominee Name:

Street Address:

City: State: Zip Code:

Name of office retired from:

Years with USPS:

Years with Management Organization:

Narrative of Achievements with Management Association:

Deadline for applications- Postmarked no later than MARCH 1,2024

Mail applications to: Keith Miner, 101 Highwoods Rd. Saugerties NY 12477-3420

E-mail applications to: kminer@hvc.rr.com

Please attach additional information.

2026

Retirees that are benefactors of the Social Security Fairness Act may want to review IRS Publication 915 to help them determine the tax impact of that windfall. Again, with that victory came potentially a tax conundrum called the Social Security tax torpedo. As always consult your account for the best guidance.



Keith Miner
 PMRetired
 Hurley12443
 101 Highwood Rd.
 Saugerties, NY 12477



NY UPMA
 Retiree President
 H: 845-246-3489
 C: 845-706-9894
 kminer@hvc.rr.com

Greetings once again to all of my UPMA and UPMAR friends and colleagues. It is a cold November rainy day as I write to you. I hope all will have had a great Thanksgiving holiday and are well underway with plans for the Christmas season.

Your Executive Board had a great Fall Conference. The most exciting news to come from that meeting was the receipt of over \$200,000 that will be used to establish a new scholarship. I'm sure Dan or Carol will provide the details far better than I ever could. Needless to say, the generosity of our past and present members continues to provide financial assistance to many students. Thank you all for your generosity and continued support of our scholarships.

We have three events currently scheduled (other than our district meetings) for 2026. The first is a Membership Kickoff January 16-18 in San Diego. This national event will once again focus on recruitment strategies and goals for 2026. Dues from members drive not only The UPMAR daily business but also strengthen our voice in pay talks and with our elected officials on Capitol Hill. You don't have to go to the membership meeting to recruit members. Just keep yourself informed about the benefits of being a UPMA/UPMAR members and direct anyone interested to either a board member or the national website which has a link to sign-up.

Speaking of having a voice on Capitol Hill, this year's Legislative Summit will be March 15-17th at the Hyatt Regency in Chrystal City VA. There will be a town Hall Sunday hosted by President Tony Leonardi, informational meetings on Monday, and our Hill visits on Tuesday the 17th. It is not too early to schedule your appointments with your representatives now if you plan on attending. Please let Dave Cook or myself know if you schedule an appointment. The Summit is

always a great time where great things happen like HR82 last year.

The final event on the calendar before our National Convention is of course our State Convention which will be held at the River Edge Resort in Alexandria Bay June 11-14. There will be a \$300 reimbursement for those who attend all business sessions and stay at the resort. This year we have the election/re-election of a Secretary/Treasurer. If you are interested in running please make sure to contact me and place your candidacy announcement in the next issue of the ESP. There will once again be a silent auction hosted by our own Liz Forsell with a pirate theme. Please bring new or gently used items to donate to the auction. Proceeds as always will benefit our scholarships. We are also investigating a possible retiree outing (River Cruise?) if we have the interest of our members.

There was a great World War II poster with which many of you are familiar showing Rosie the Riveter with her arm in the air saying "Together we are strong!" That is true for us today but to be strong, we must participate. *Let's show up* to our events and give us a stronger future as an organization.

I hope you all have a great Christmas and holiday season. Reach out to a fellow member who might be alone just to bring a smile to their day. Thank you to our veterans for your past, present and future service. Finally, may God bless you all.





FORM 1187-R

Request and Authorization for Voluntary Allotment of Compensation for Payment of Employee Organization Dues

Please complete and mail to: **UPMA National Office**
 8 Herbert St.
 Alexandria, VA 22305-2600
 (703) 683-9027

*OPM assigns the CSA number to all Civil Service and FERS annuitants and/or surviving spouse

Social Security Number

				-										
--	--	--	--	---	--	--	--	--	--	--	--	--	--	--

My Annuity Number is:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

CSA

Name of Retired Employee (PRINT Last Name, First, Middle)			Date of Birth	
Street and Number/PO Box		City	State	ZIP+4
Month/Year Retired	Home or Cell Number ()	Gender Male _____ Female _____	Chapter	
Email Address		Sponsored by:		

Note: If not receiving an annuity contact National Office for information on membership.

SECTION A – Authorization

The United States Office of Personnel Management is authorized to make an appropriate deduction from my annuity payments, not to exceed the amount certified by the **United Postmasters and Managers of America (UPMA)** as the amount of dues for which I am obligated, and to pay the deducted sum to **UPMA**. This authorization shall apply to any and all dues changes certified by **UPMA**. This authorization shall be valid until **UPMA** receives and processes my written notice of cancellation in accordance with its agreement with the United States Office of Personnel Management. Any disputes regarding this allotment authorization shall be a matter between **UPMA** and me; I hold the United States Office of Personnel Management harmless for any erroneous deductions made pursuant to this authorization. I also request the United States Office of Personnel Management to disclose any information necessary to execute this request.

Signature	Date:
-----------	-------

UPMA PAC
 for
 Postmasters
 and Managers
 Member
 Voluntary
 Contribution

Please send to:
 Jennifer Hayes
 153 Firehouse Rd.
 Wurtsboro, NY 12790

Thank you for returning this form with your contribution. Date: ___/___/___

I'll do my share! Enclosed is: ___ \$25 ___ \$50 ___ \$100 ___ \$200 Other: \$ _____

Name (please PRINT) _____

Home Address: _____
Street Address/PO Box

City State Zip Code

My contribution is by (check one): Check Money Order Signature FCU Visa Credit Card

Please charge my contribution to the following 16-digit Signature FCU Visa Account Number:
 _____ CVV# _____

Exp. Date: _____
Signature (required for credit card charges)

Office use: ___ Pin Received ___ Active Postmaster ___ Retired ___ Associate State to credit: _____

PAC for Postmasters and Managers will neither favor nor disadvantage anyone based on the amount of a contribution or the failure to make a voluntary contribution to this non-partisan political action fund.



David Cook
 29 Glenwood Rd.
 Glen Head, NY
 11545-1313



National UPMA Retiree
 Legislative Chair
 H: 516-676-2843
 C: 516-322-1328

It is not too early to start contacting our Congress and Senate Representative regarding our Legislative Summit scheduled for March 15-17, 2026, Hyatt Recency Crystal City @ Reagan National Airport Arlington Va.

Communicating with Congress

How do we get our message of our needs to Representatives in a timely and efficient manner? Here are some ideas to accomplish this task. All representatives respond better if you are a constituent.

Email

All members of congress maintain email addresses and websites to communicate with their constituents. Most congressional offices will respond to email better than they will respond to letter mail. All representatives' websites have contact information which includes email message to the representative. Always leave your contact information or your representative will not be able to respond.

While most offices read every message received whether standard form or customized, individual messages receive more attention.

Face- to- Face/ Zoom Meetings

The meetings Face-to-Face/Zoom are especially important and likely to get a direct response to your issues.

A successful visit with policymakers includes the following:

1. Purpose of the visit- Prepare to make your case for the issues that you wish to discuss. Know the topics that you will address and know how they have expressed their ideas on the issues you plan on discussing.
2. Schedule Appointments- Schedule a meeting with your

elected officials. You may not actually meet with the elected official but with an aide who handles your issues. Prior to your visit call their Local or Washington D.C. office to discuss an appointment date and the reason that you would like to meet.

3. Designate a Spokesperson- Designate one person to speak and assign specific roles to each member of the group if necessary. An orchestrated plan does not preclude spontaneous participation. Be prepared for idle conversation.
4. Arrive Promptly- Gather at a designated location before the meeting time and enter the office together. Promptness is essential.
5. Provide Fact Sheets- Provide a brief written summary of the points to be made regarding your issues.
6. Follow-Up- After the visit, send brief letters to all persons involved with the meeting thanking them for the meeting, regardless of the stance they take on the issues.

Facsimile

While fax message has not been the favored means of communications, its significance has grown.

Letters

The letter is the most popular choice of communications with congressional offices. Addressing in all correspondence, avoid the words "congressman" or congresswoman. "Representative," "Senator," and Member of

Continued on next page

STAY CONNECTED AND INFORMED

The following sites are excellent ways to get up to date information:

UPMA Gold

Send an email with your name, email address and office of retirement to our Email Coordinator, Linda Carter, at upmagold@gmail.com. Linda publishes UPMA GOLD as she receives information from various sources with no set frequency. If you would like to share newsworthy info with her, just send her an email once you have joined our network.

In The Mailbox

This is our official publication/newsletter that is printed and mailed bi-monthly. If you would like to get on the mailing list, please send your name and address to our Editor, Eva Finley, PO Box 500, Graford, TX 76449-0500, or email to IntheMailboxEditor@usa.net. This publication is also posted on the [UnitedPMA.org](http://www.UnitedPMA.org) website by clicking the link below: <http://www.unitedpma.org/resources/publications/retirees---in-the-mailbox>.

Facebook sites

New York State UPMA
UPMA Retired

CONGRESS 101
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Congress” are the preferred titles because they are gender neutral.

Telephone Calls

Using the telephone is a practical communication strategy. Telephone the office and request to speak with the congressional member of his/her aide. Explain that you are the Legislator’s constituent and state an opinion about the issue. Ask what the Legislator’s opinion is.

Please do not hesitate to contact me with any questions or concerns at, cook.david29@aol.com



Liz Forsell
Retired PM
Long Lake 12847



NYUPMAR VP
C:315-369-5053
lizzie13436@hotmail.com

State Convention

Alexandria Bay, NY

ARRR You Thinking Auction????

This year’s State Convention Auction theme will be pirates. We will be in Alex Bay so it should make for a good time. There will be prizes for best costumes this year. It’s also time to start collecting items to donate to the Auction. All the money raised goes to the scholarship funds. I’m looking forward to seeing everyone and seeing what treasures appear. Be sure to keep the Auction in mind as you sort through your collections and do your spring cleaning. Thanks, in advance.
Liz Forsell Auction Chair





Marti Miller
 Retired PM Panama 14767
 37 South St., Panama 14767



NY UPMAR Exec-VP
 H: 716-782-3509
 C: 716-450-2864
 ma-miller@stny.rr.com

Well, it's hard to believe, but we are close to the end of this year. Time seems like it flies. But now, as we are entering the Christmas season, it's time to prepare for the activities of Christmas 2025. For our retirees, it's "Thank Goodness I am retired". It's also time to think ahead to the activities of 2026.

The biggest things with UPMA that we are all invited to be a part of are:

1.) Legislative Conference, Washington, DC in March. Attendees who participate will be reimbursed \$800. It is such a good feeling to go to our representatives to let them know what we need as Postal Service actives as well as retirees. We did that for so many years and voila...HR82 finally went through. It is also so good to know what else is happening within UPMA. I, myself, had missed DC for a couple of years. It was so good to be back there again in 2025.

2.) The State Convention will be in June. All registered members who attend all the sessions will receive \$300 toward their stay at the Rivers Edge Resort. The registration fee for 2026 will be \$100 for actives and \$75 for retirees. This fee includes 2 breakfasts, 2 lunches, and the banquet. State is always so much fun being together with our UPMA family. I have only missed one year since 1986. I truly enjoy being with other people like us.

3.) The National Convention in 2026 will be in Puerto Rico in August. The stipend will be \$1000.00 for all who attend all the business meetings. It is so good to see the members from other states with whom we have established friendships. It really feels like we are visiting our family.

I have been to so many places that I never would have seen were it not for NAPUS and then UPMA. I encourage you to attend whatever you can. It is certainly worth your time and energy. I have been blessed with so many

friends because of our organization. I wish the same for you.

I have included a picture of a lunch that we set up for Donna Dort on July 27, 2021 at Alfie's Restaurant in Jamestown. Donna had been such a vibrant part of our organization for so long. I thought I would like to have something special for her. She was totally surprised because Marie Couchman worked with me and had Donna think she was meeting Marie and me for lunch. When she saw all the people there for lunch, she was blown away. In the picture there were Donna Dort, Ben Johnston, Marie Couchman, and me. For others who attended, for their mental memory pictures, were Lorraine Courson, Lucille France, Colleen Houser, Phyliss (Maize) Edmiston, Mary Lou Zerby, Mary Lou's friend Gretchen, Lucy Schaffer, Sharron O'Neill, John and Fran Sullivan, Kathy McHugh, and Judy Sager.

I hope that the memories and the picture help our retirees decide to attend the activities in 2026. I guarantee you will not regret visiting with those with whom you have spent so many years. Just think of the friends you have missed!



Attention All Members

Legislative Summit

March 15-18

Hyatt Regency Crystal City
Arlington, VA

District Meetings

TBD

New York State Convention

June 11 - 14, 2026

Riveredge Resort Alexandria Bay, NY

10th National Convention

August 1 - 7, 2026

El Conquistador Resort
Fajardo, Puerto Rico

Atlantiic Conference

September 2026

Philadelphia, PA

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I ♥ NY



Deadline for
April/May/June
NYS ESP issue is
March 22nd by 5 pm

